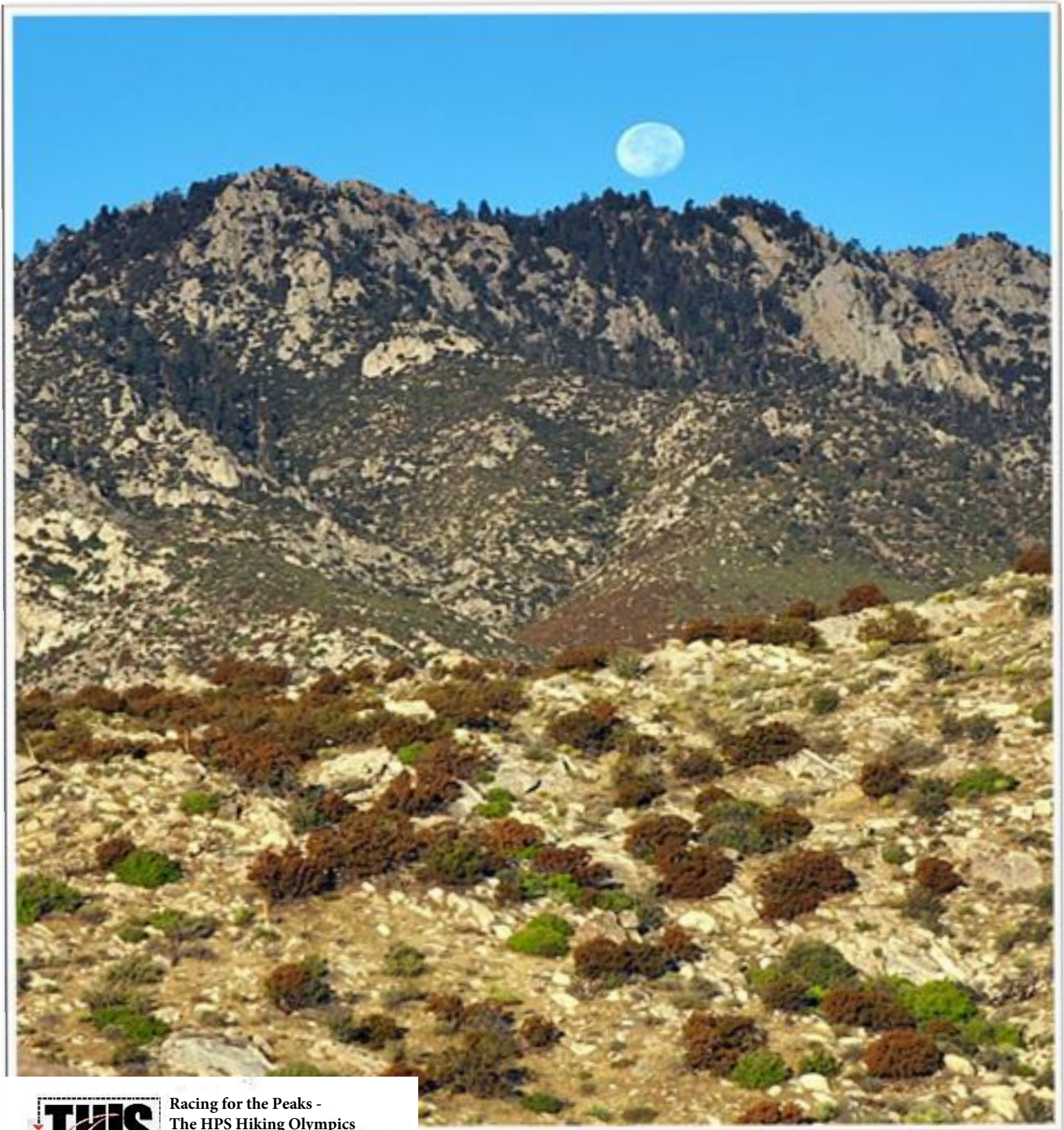


THE LOOKOUT



OFFICIAL NEWSLETTER OF THE HUNDRED PEAKS SECTION
V55 N2 March - April 2018



Racing for the Peaks -
The HPS Hiking Olympics
By William Chen



Table of Contents,Page 2
 Letter From The Chair, Coby King.....Page 3
 Management Committee.....Pages 4
 2018 HPS Annual Banquet.....Pages 5,6
 Membership Report.....Page 7
 Navigation Corner,Robert MyersPages 8 & 9
 Rideshare Points / Leader Contact Points.....Page 10
 Advance Schedule of Activities.....Pages 11-19
 Racing For The Peaks, William Chen.....Pages 20 - 22
 Milestones.....Pages 23 & 24
 Summits.....Pages 25 & 26
 Wilderness Travel CoursePage 27
 Be Confident In Your Conditioning, Tina Bowman.....Page 28
 Spring Fling Flyer, Aimee Shocket.....Page 29
 Jin Oak Chung Photography.....Page 30
 2018 Hundred Peaks Membership List.....Page 31-33
 Tribute To Martin Parsons, Lilly Fukui.....Page 33

The Hundred Peaks Section Annual Awards Banquet, January 13, 2018

MS Allen
 Guest Speaker Shawnte Salabert presenting: "Four Seasons on the Pacific Crest Trail"

Photo: Jin Oak Chung
 Nancy Jones, with her husband Troy, at the Banquet

Jin Oak Chung
 Mat Kelliher and Tanya Roton at the front table greeting all to the 2018 Banquet

Jin Oak Chung
 Bill Simpson Stands as Mikki Bondy Segal and Virginia Simpson applaud.

Jin Oak Chung
 Peter and Ignacia Doggett Standing as Jesse Glick applauds their achievements.

Jin Oak Chung
 Right, David Comerzan remains standing in recognition of his achievements.

Letter from the Chair March 2018

Thanks to everyone who made our Annual Banquet such a success. The list of people to thank is long, as it really takes a village to pull this together, but must start with our Outings chair, Mike Dillenback, who has taken a focused attitude toward improving all of our outings. Along with Aimee Shocket, they not only kept what we always enjoy about our Banquet but also worked diligently to fix problems from the past.

I also want to thank Aimee for recruiting our great speaker, Shawnte Salabert, who gave a wonderful presentation on the Pacific Crest Trail through the seasons. Shante's sparkling personality shined through her photos and illuminated her presentation. Next, I want to thank the indefatigable Mark S. Allen, who organized the Silent Auction, handled the picking up of the trophies, and took many photos. Speaking of the Silent Auction, thanks again to Aimee for providing some of the Auction's best items.

Edith Liu provided the certificates (again!), making possible one of the highlights of the Banquet. Jim Fleming (also again) produced the award plaques. Finally, thanks to the volunteers at check-in, including the power couple of Tanya Roton and Mat Kelliher.

The Management Committee is always open to suggestions about how to improve the Banquet, so feel free to contact any of us. We are also looking for a speaker for 2019, so if you have any ideas, let one of us know.

Our next event is the Spring Fling, which will take place at Hurkey Creek Campground, in Mountain Center, on April 21 through 22. The group sites there have plenty of parking, and there are a variety of great HPS peaks to hike a short drive away. I'm looking forward to knocking a few peaks off on my quest to complete the list by 2019. Please check the HPS outings page for scheduled hikes and join us there. The pot-luck on Saturday night should be great! (And remember, this event is FREE to HPS members in good standing!)

I also wanted to report on the fact that the Management Committee recently voted to establish a new email list for general membership communications. You should start receiving occasional emails from us about HPS-related news. If you don't want to receive such emails, there will be an option to remove yourself on every email. However, I hope you find them useful and rare enough to stay on the list!

Finally, as always thanks to our hike leaders, the core of the Hundred Peaks Section. Know that I deeply appreciate the time and effort that goes into leading outings to our great peaks.

Happy Trails!

Coby King, 2018 Management Committee Chair

2018 MANAGEMENT COMMITTEE

(Expiration of Term)

Elected Members:

Coby King – Chair (12/2020)

Facebook Administrator

310-489-3280

cobyk@cobyking.com

Aimee Shocket- Vice Chair, (12-2019)

Programs Co-Chair

P.O. Box 34781, Los Angeles, CA

90034 H: 818.634.9337

aimeehps17@gmail.com

Mark S. Allen- Secretary, (12-2018)

Lookout Newsletter Editor

Asst. Programs

11321 Foster Road

Los Alamitos,

CA 90720 H:562-598-0329

markallen4341@socal.rr.com

Michael McCarty-Membership Chair,

Mtn. Records-Co-Chair (12/2020)

28732 Eagleton Street

Agoura Hills, CA 91301

mkmccarty@gmail.com

Michael Dillenback- Programs (12-2019)

22611 Evalyn Ave.

Torrance, CA 90505

H: 310-378-7495

-Dillyhouse@Earthlink.net

Jim Hagar (12/2020)

1621 Marion Drive Glendale 91205

818-468-6451

Jhagar1@gmail.com

George Christiansen- Access, Mountain

Records,(12/2020)

12702 Groveview Street

Garden Grove, CA 92840

714-636-0918

g.m.christiansen@me.com

Appointed Members:

Laura Newman- Treasurer

<hpstreas@gmail.com>

Mat Kelliher- Outings & Safety Chair

818-667-2490

mkelliher746@gmail.com

Ignacia Doggett, Elections Chair

peterdoggett@aol.com

Tanya Roton, Nominations Committee

tanya.roton@gmail.com

Wayne Vollaire, The Lookout Mailer

2035 Peaceful Hills Road,

Walnut, CA 91789-4009

H: 909-595-5855

Avollaire1@verizon.net

Jim Fleming, Co-Chair, Safety Adopt-a- Highway

538 Yarrow Drive

Simi Valley, CA 93065-7352

Jimf333@att.net

Markey Neighbors, Co-Chair Safety

22815 Via Santiago

Mission Viejo, CA92691-2130

H:949-583-1981

mldaley@aol.com

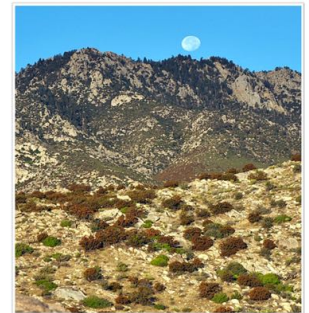
Joe Young, Historian

12551 Presnell Street

Los Angeles, CA

90066-6730 H:310-822-9676

tehikerjoe@gmail.com



V55 N1 March April 2018

Cover Photo by Jin Oak Chung.

Image of Moon over

Cactus-to-Clouds Trail, Oct 2017.

Hundred Peaks Section Annual Awards Banquet



Photo: Mark S. Allen
Jesse Glick Received 100 Peaks Emblem. Presented by Coby King



Jimmy Quan receives First Lead The List Certificate



Photo: Mark S. Allen
Aimee Shocket, Tonya Roton welcome guests to the Banquet



Mat Kelliher Receives John Bachus Leadership Award.



Jin Oak Chung
David and Elaine Baldwin receive List Finish Certificates.



Winnette Butler achieves 3rd List Finish



Gloria Miladin, First List Finish



Chris Spasik, Lilly Fukui, and Edith Lui



Mikki Bondy Segal and Marlen Mertz



Jorge and Diana Estrada at the Silent Auction



Patricia Arredondo achieved 4th List Finish



Aimee Shocket, Vice Chair, Michael Dillenback Programs Chair with Josie Matute



And the Silent Auction winner is, Shelly!



Peter Doggett achieved 14th List completion



Wayne Bannister receives R.S. Fink Award



Mat Kelliher talks with Ryan M. Lynch and Fiona McGinty



Miriam Khamis, Ignacia Doggett, Kendra Heineche and Maura Raffensburger

Photo: Mark S. Allen



Nancy Jones achieved 1st List Completion



Ted Lubeshkoff with Wayne Vollaire



Larry Pond achieved 100 Peaks Emblem



Bruce Craig achieved 4th List Completion



Jin Oak Chung receives Bill T. Russel Award

Photo: Mark S. Allen



Ignacia Doggett achieves 7th List



George White, Auctioneer Extraordinair!



Catherine Rossbach achieves List Completion

HUNDRED PEAKS SECTION MEMBERSHIP REPORT
Jan-Feb 2018 Michael McCarty, HPS Membership Chair

New Members

Fiona McGinty
Shawnté Salabert
Sreedhar Yetur
Ella Pennington
Justin Barham
Cathryn Widmann
Robert May
Stephen McDonnell
Eric Granlund
Crystal Davis
Mihai Giurgulescu
Ellen Crocker

DONATIONS:

222 Members
25 Household
14 Subscribers
261 Total Members

100 Peaks Emblem

#1188 - William Chen - Iron Spring Mountain - 12/17/2017

More Banquet....



THE NAVIGATION CORNER: MAGNETIC INTERFERENCE

By Bob Myers, LTC Navigation Chair

We all know that compass bearings should not be taken near metal objects such as automobiles. You should also be aware that there are more invisible sources of magnetic interference. A number of recent reports suggest that hikers are being led astray by magnetic interference from their own hiking gear. Many packs have magnets in the straps to affix water bladder tubes. Various protective cases for mobile phones and GPS devices that hikers affix to their packs have magnetic fasteners. In addition, a number of items of clothing are now using magnetic fasteners. These magnetic sources can interfere with your compass.

Mountaineering Scotland recently issued a warning about magnets in clothing. The photograph below shows the impact when a compass is held by a glove with a magnetic fastener. The glove resulted in 120° error in the compass reading.



Image: <http://www.myoutdoors.co.uk/gear/gear-news/item/1419-mountaineering-scotland-warns-against-magnets-in-clothing>

Compass inference can compromise the functionality of your compass and should be avoided. However, it is important to remember that your compass is only one of the navigation tools available to you. Compass information must be correlated with information gleaned from the topographic map and your field observations. If you let your compass lead you astray, you are not using all of the available clues.

Upcoming Navigation Events



**The Stone House at the Mission Creek Preserve – basecamp
for our April 21-22, 2018 Navigation Noodle**

Our April 21-22, 2018, navigation noodle will be at the Wildlands Conservancy's Mission Creek Preserve. Located in a transition zone between the Sonoran and Mojave deserts, the Mission Creek Preserve has a rich species composition, with flora and fauna representing both deserts.

Our Beginner Navigation Clinic will be held on May 19, 2018. This is a great opportunity for first-time navigators.

On June 16-17, 2018, we will be at Mt. Pinos. Camping is available for all participants in a group campsite we have reserved at the McGill Campground.

At all of our navigation events, we can work with beginners. No prior navigation experience is required. All are welcome!!!

If you have any questions, contact me at rmmyers@ix.netcom.com.

Rideshare Points

There are no Rideshare Points mentioned in the Outings in this issue of The Lookout.

Note that new HPS outings are added to the online schedule of activities (Campfire Events) all the time, often only a few days prior to when the trip is scheduled to occur. Rideshare Points that may be mentioned in those Outings posted on Campfire Events, as well as most of the Angeles Chapter rideshare points (complete with directions and maps), can be found here:

http://angeles2.sierraclub.org/ltc_ridesharing

Several roads that we frequently use to travel to the trailheads have warnings that headlights must be turned on for daylight use. Penalties for failure to observe this requirement are very expensive. Be Safe!! Don't get a ticket! Turn on your headlights where required!

Don't Get A Ticket

Turn on your headlights between La Canada and the Angeles Forest Highway.



-oOo-

Sept - Oct 2005 Lookout

LEADER CONTACT INFO

Following is contact information for Leaders who are offering outings in this edition of The Lookout. When signing up for an outing, follow the instructions given in the trip listing to find out about meeting time and location.

Richard Boardman	(310) 374-4371	woodrup2009@yahoo.com
Jeff Buchholz	(562) 881-3822	jinoakchung52@gmail.com
Jinoak Chung	(310) 259-6022	marie.crystal@gmail.com
Crystal Davis	(310) 710-5538	dillyhouse@earthlink.net
Michael Dillenback	(310) 618-4518	peterdoggett@aol.com
Ignacia Doggett	(818) 840-8748	peterdoggett@aol.com
Peter Doggett	(818) 840-8748	dianedunbar@charter.net
Diane Dunbar	(818) 248-0455	jerry.grenard@gmail.com
Jerry Grenard	(818) 543-7476	jhagar1@gmail.com
James Hagar	(818) 468-6451	hensonj61@gmail.com
Jeff Henson	(949) 310-4565	mkelihher746@gmail.com
Mat Kelliher	(818) 667-2490	cobyk@hpstrat.com
Coby King	(818) 313-8533	pkudlinski@roadrunner.com
Peter Kudlinski	(805) 432-4792	ryan.b.lynch@gmail.com
Ryan B Lynch	(347) 722-3067	mcdonnell0123@sbcglobal.net
Stephen McDonnell	(626) 639-3068	rmmyers@ix.netcom.com
Robert M Myers		larryhikes17@yahoo.com
Lawrence Pond	(310) 372-7246	h2otigerjim@gmail.com
Jimmy Quan	(626) 688-6283	amleadership@gmail.com
Anne Marie Richardson	(909) 621-2812	apedreschi@sbcglobal.net
Ann Shields-Pedreschi		aimeehps17@gmail.com
Aimee Shocket		simphome@yahoo.com
Bill Simpson	(323) 683-0959	ollienivan@yahoo.com
Virginia Simpson	(424) 744-8220	rbstephs@gmail.com
Stephanie Smith	(310) 376-7631	tthomerson@roadrunner.com
Traocy Thomerson	(805) 901-1330	

-oOo-

Advance Schedule of Hundred Peaks Section Activities
March – June 2018
Mat Kelliher, HPS Outings Chair

The following is a listing of all HPS Outings submitted and posted to the Angeles Chapter online Schedule of Activities as of March 2, 2018. These outings cover the period ranging from March 2 through June 30, 2018. Note that **new HPS outings are added to the online schedule of activities (aka "Campfire Events") all the time**, often only a few days prior to when a trip is scheduled, so if you haven't found what you're looking for in this edition of The Lookout, be sure to check for newly added outings on the HPS online Schedule of Activities frequently for last minute additions. Follow this link to the HPS OARS site:

<http://www.hundredpeaks.org/outings.htm>

And if you're still looking for something other than what's being offered on any given day with HPS, check out the Angeles Chapter online Schedule of Activities (Campfire Events) for a staggering selection of outings options offered by all of the various Groups, Sections, and Committees of the Angeles Chapter. The Angeles Chapter Schedule of Activities is located here:

<http://angeles.sierraclub.org/activities>

HPS outings are open to everyone; you don't need to be a member of either the HPS or the Sierra Club to join us! However, to participate in an outing, you will be required to sign a liability waiver, which you can preview here:

<http://angeles.sierraclub.org/sites/angeles.sierraclub.org/files/docs/SignInWaiver.pdf>

Unless otherwise indicated, contact the leader of the outing(s) you'd like to join for trip status and details. Leader contact information is included in this edition of The Lookout, as are directions to the rideshare points (if any) referenced herein.

Mar 2 Fri Hundred Peaks
O: Lost Horse Mountain (5,313 ft), Mount Inspiration (5,560 ft+), and Ryan Mountain (5,457 ft) - Join us for a day of hiking in Joshua Tree National Park. We will start by hiking to Lost Horse peak by road for about 2 miles until we see the Lost Horse peak. We will then make a left turn and hike up a ridge for about 0.15 miles to the peak. It is just under 5 miles round trip with a gain of 900 feet. Next, we will hike to Mount Inspiration over a well worn use trail for 2 miles round trip with a gain of 700 feet. For Ryan Mountain, our last peak, we will hike 3 miles round trip on trail with a gain of 1,100 feet. Totals for the day are 10 miles with 2,700 feet of gain. All three peaks are Class 1, easy hikes, and we will travel at a slow to moderate pace. We will move our vehicles between trailheads for each peak. Come hike one, two, or all three peaks. Bring hiking footwear, water, lunch, snacks, layers, hat, head lamp. Email Larry Pond for meeting time and location.
Leader: LARRY POND, co-leader: JERRY GRENARD

Mar 3 – 4 Sat – Sun Hundred Peaks

I: Quail Mountain (5813 ft +) and Mount Minerva Hoyt (5405 ft) - Join us for an overnight backpack trip in Joshua Tree National Park for a moderately paced, moderate difficulty hike to two HPS peaks and one peakbagger peak 5215. Quail Mountain is the highest peak in the Park. Minerva Hamilton Hoyt was honored for her devotion to preserving the desert flora in JTNP, Death Valley and Anza-Borrego Desert when, in 2013, this peak was named after her by the US Board of Geographic Names. The HPS added the peak to their list shortly thereafter. Our trip begins late Saturday morning, allowing a Saturday morning drive to JTNP, with a short 3 mile 400 foot gain backpack across the Lost Horse Valley to our campsite. On Sunday we will loop hike, with a day pack, through the Joshua Tree Wilderness to collect Mount Minerva Hoyt, Quail Mountain, and peak 5215. After the loop we break camp and return to our cars. Our totals for Sunday will be 8 miles and 2000 feet gain. *LEADER: LARRY POND, ASSISTANT LEADER: VIRGINIA SIMPSON*

Mar 4 Sun Hundred Peaks

O: Strawberry Peak (6164 ft), Mt. Lawlor (5957 ft) & Barley Flats (5600 ft) - Enjoy a beautiful snow-blanketed scenery as we do a T-hike to the first two peaks, starting from Red Box. We will cover 6 miles rt and 2300 feet of gain on mostly good trail. Afterwards, time and energy permitting, we will drive a little farther up Hwy 2 to the Barley Flats trailhead for a 6 mi rt, 1030 feet gain road hike. Hike-experienced dogs with well-behaved owners welcome. Please bring liquids, lugsoles, layers, lunch and hat. Contact peterdoggett@aol.com for trip details. *Leaders: PETER & IGNACIA DOGGETT; JIN OAK CHUNG*

Mar 6 Tue Hundred Peaks

HPS Management Committee Meeting telephone conference starting at 6:30 pm. Contact HPS Chair, *COBY KING*, for call in details.

Mar 7 Wed Hundred Peaks

I: Black Mtn #4 (6149 ft), Chaparrosa Peak (5541 ft) - Join us for a midweek hike to one or both of these peaks in the desert environs west of Yucca Valley. First, we will follow a gentle cross-country traverse of ridgeline and canyon to gain the summit of Black and enjoy lunch as we savor the surrounding views -- marvelous mesas, broad valleys, and distant mountains of the high desert among them. Then, after driving to Pipes Canyon Preserve, we will hike via good trail to Chaparrosa and its own outstanding views: southeast, the Sawtooth Mountains and their superbly jagged ridgeline; southwest, the San Bernardino Mountains and tall alpine forests standing in contrast to the shorter yuccas and plants populating the preserve and echoing the peak name. Doing both hikes will add up to a total of 10 miles round trip with 2700 feet of gain. Hike-experienced dogs with well-behaved owners welcome. High clearance vehicles appreciated. Please bring liquids, lugsoles, layers, lunch and hat. Contact peterdoggett@aol.com for trip details. *Leaders: PETER & IGNACIA DOGGETT; JIN OAK CHUNG*

Mar 8 Thu Hundred Peaks

I: Beartrap Bluff (6160 ft) - Join us for a trek to this lovely peak in the Sespe Wilderness. We will follow the beautiful Gene Marshall/Piedra Blanca trail from the

Reyes Creek campground, then crossing Beartrap Creek to ascend a steep rocky gully and slabs to the peak for panoramic views. Bring liquids layers lugsoles lunch hat and sunscreen. Stats: 12 miles rt, 3800 feet gain/loss. Heavy rain cancels. Contact leader for meeting time and location. *Leader: MIKE DILLENBACK, Co-Leaders: BILL SIMPSON, VIRGINIA SIMPSON, JIM HAGAR, LARRY POND*

Mar 10 Sat Hundred Peaks

I: Rosa Point (5083 ft) - Join us for a strenuous, desert hike to Rosa Point within Anza-Borrego State Park and among the stunning Santa Rosa Mountains. The views of the Salton Sea are excellent. We will hike at a slow to moderate pace following Route 1 cross-country on desert terrain. Some sections of the route may be steep and infested with cholla as described on the HPS web site. The hike will be 12 miles round trip with 5500 feet of gain. For more information, contact the leader and provide your recent hiking experience if you are new to hiking with this group. *Leader: JERRY GREARD, co-leaders: BILL SIMPSON, VIRGINIA SIMPSON, LARRY POND, JIMMY QUAN, JEFF HENSON*

Mar 15 Thu Hundred Peaks

I: Caliente Mountain (5106 ft) - Join us for a strenuous jaunt up to Caliente, the San Luis Obispo county high point, which has the ruins of a World War II lookout tower on top. Route is partly on road and the rest is cross country. May be brushy so wear long pants. Bring lugsoles layers lunch liquids lid and lotions. Rain cancels. Stats: 10 miles rt, 3300 feet total gain including 500 feet on return. Contact leader for meeting time and location. *Leader: JIM HAGAR, Coleaders: BILL SIMPSON, VIRGINIA SIMPSON, MIKE DILLENBACK, LARRY POND, STEPHEN MCDONNELL*

Mar 21 Wed Hundred Peaks

I: Eagle Crag (5078 ft) - Join us for a full day in the Cleveland National Forest 13 miles southeast of Temecula. Enjoy the views within the Agua Tibia Wilderness, which is a 17,961-acre protected area in Riverside and San Diego counties. This is a strenuous hike on occasionally steep and loose trail for about 18 miles round trip with around 3500 ft of gain to a peak near Aguanga. Moderate pace. Bring lunch, snacks, beverage, hiking footwear, layers, sunblock and hat. High-clearance vehicle advised. Contact Leader for status and details. *Leader: BILL SIMPSON Co-Leaders: VIRGINIA SIMPSON, JIM HAGAR, JERRY GREARD, STEPHEN MCDONNELL, JEFF HENSON*

Mar 24 – 25 Sat – Sun Desert Peaks, WTC, Hundred Peaks

I: East Ord Mountain (6,168 ft), Brown Peak (4,947 ft) - Come join us as we make our way out to the Shoshone Area for the 23rd DPS Chili Cook-Off with a stop along the way to climb a classic Desert Peak in the Ord Mountains northeast of Lucerne Valley, CA. Saturday morning we will start out nice and early at a moderate pace to ascend the DPS Alternate Route up the SE Ridge of East Ord Mtn to its summit. After enjoying the views up top we will return to our cars the same way we came up for a total for the day of 2.7 RT miles with 2,000 feet of gain. We will then drive from that trailhead to the site of the DPS Chili Cook-Off where we will join in on that celebration with a most festive Happy Hour complete with roaring campfire, chili testing and judging, and all around good times!! We will camp out Saturday

night right there at the Cook-Off venue, but be sure to register with Julie Rush (julierush11@gmail.com) or Gloria Miladin (miladingloria@yahoo.com) for the Cook-Off as either a Cook or a Taster to completely maximize your enjoyment. Sunday morning we will get up early and drive into Death Valley via Shoshone to the trailhead for the west side approach to Brown Peak in the Greenwater Range. A strenuous 3 miles with 2,100 feet of gain, that we will do at a moderate pace, will get us up to the summit, where we will eat a little lunch and enjoy the views before heading back down to our cars via the same way we came up. High Clearance, 4WD vehicles are required to get to the trailhead for each summit. Join us for one or both summits. This DPS Outing is co-sponsored by WTC and HPS. Email Mat Kelliher at mkelliher746@gmail.com with contact info, vehicle type and carpool info, recent conditioning, and experience for trip status and details. *Leaders: MAT KELLIHER, BILL SIMPSON*

Mar 29 Thu Hundred Peaks

I: Granite Mountain #2 (5633 ft) - A strenuous hike on rough trail for 8 miles round trip with 3000 feet of gain. The peak is in the Anza-Borrego Desert State Park near Julian, CA. We will hike at a slow to moderate pace following Route 1 cross-country on desert terrain. High clearance 4WD advised. Suitable only for experienced and conditioned hikers. Contact the leader for more information. *Leader: JERRY GRECARD, co-leaders: BILL SIMPSON, VIRGINIA SIMPSON, JIM HAGAR, MIKE DILLENBACK, STEPHEN MCDONNELL*

Mar 31 Sat Hundred Peaks

I: Martinez Mountain (6560 ft+), Sheep Mountain (5141 ft) - Join us for this very strenuous hike in the Santa Rosa Wilderness desert terrain. The Santa Rosa Wilderness is a 72,259-acre wilderness area in Southern California, in the Santa Rosa Mountains of Riverside and San Diego counties. Enjoy views of the surrounding mountains, Palm Desert and the Coachella Valley. Expect around 21 total miles with about 6500 feet of elevation gain. Enjoy views of the surrounding mountains, Palm Desert and the Coachella Valley. Not intended for new hikers. Bring hiking footwear, water, lunch, snacks, layers, hat, sunblock and headlamp (with extra batteries!). Contact Leader for status and details. *Leader: BILL SIMPSON Co-Leaders: VIRGINIA SIMPSON, JERRY GRECARD, MIKE DILLENBACK, JIMMY QUAN, STEPHEN MCDONNELL, LARRY POND, JEFF HENSON, JEFF BUCHHOLZ*

Apr 4 Wed Hundred Peaks

I: Whale Peak (5349 ft) - Join us for a visit to magnificent Whale Peak in the Anza Borrego Desert. Hiking mostly cross-country on Route 1, we will first look for petroglyphs near the trailhead before hiking across the desert floor to ascend a scenic canyon. We pass through a grassy meadow to pick our way up to the rocky peak on use trail for sweeping views. This will be a slow-paced hike with some Class 2 scrambling on the way to the peak. Total distance should be around 8 miles, and total gain should be about 2300 feet. Bring food, water, lug soles, layers, hat and sunblock. Contact Leader for status and details. *Leader: JERRY GRECARD, Co-Leader: BILL SIMPSON, VIRGINIA SIMPSON, LARRY POND, JIM HAGAR, MIKE DILLENBACK, JEFF BUCHHOLZ*

Apr 7 Sat Hundred Peaks

I: Rabbit Peak #2 (6640 ft) and Villager Peak (5756 ft) - Spend a special day in Anza Borrego Desert State Park while hiking the BIG Bunny at a moderate pace. Very strenuous. Hike will start in the dark and may end in the dark, and it will be paced to take around 15.5 hours. The hike will be about 22 miles round trip with around 8300 feet of elevation gain (6950 ft on the way to Rabbit; 1350 ft on the return to the trailhead). Not suitable for beginning hikers. Bring hiking footwear, water, lunch, snacks, layers, hat, head lamp (and extra batteries!). Contact Leader for status and details. *Leader: BILL SIMPSON Co-Leaders: VIRGINIA SIMPSON, JERRY GREARD, MIKE DILLENBACK, LARRY POND, JEFF BUCHHOLZ*

Apr 14 Sat Hundred Peaks

I: Bike and Hike to Gleason and Iron #2 - Join us for a strenuous bike and hike to these two peaks west of Mill Creek in the Angeles National Forest. We will ride to the top of Gleason (6502 ft) on a paved road from Mill Creek Summit. Along this road, we will stop briefly at a memorial to two firefighters who lost their lives in the Station fire of 2012. After summiting Gleason, we will continue our ride on dirt road to the base of Iron Mountain #2 (5635 ft) and hike cross-country a short distance to the summit. The totals for the day are 27 miles round trip on bikes with 3900 feet of gain and 1.6 miles round trip hiking with 400 feet of gain. Contact the leader about your interest in the trip and provide information on your recent mountain bike riding experience. *Leader: JERRY GREARD, co-leaders: BILL SIMPSON, VIRGINIA SIMPSON, JIMMY QUAN*

Apr 14 Sat Leadership Training Committee

LEADERSHIP TRAINING SEMINAR - Offered just twice a year, the next Sierra Club Angeles Chapter's Leadership Training Seminar is scheduled for Saturday, April 14, 2018. Apply by March 31 (see website link) to guarantee a spot and learn all about the best leadership practices of our outings program. This all-day event covers group management, our ratings system, rules of conduct, safety and much more, from presentations, breakout groups and scenarios. *Email LTPSeminarRegistrar@gmail.com for information.*

Apr 14 Sat Hundred Peaks

O: Stonewall Peak (5730 ft) - After Cuyamaca Peak and lunch, hike 4 miles round trip with 900 feet of gain. This is a very popular hike with carved rock steps and expansive views on the summit. Contact Peter Kudlinski at pkudlinski@roadrunner.com for trip details. Bring liquids, lug soles, lunch, layers, hat and \$10 for park fee. *Hike leaders: PETER KUDLINSKI, MAT KELLIHER*

Apr 14 Sat Hundred Peaks

O: Cuyamaca Peak (6512 ft) - Begin the day by hiking the second highest point in San Diego County. This moderately paced hike will be 6 miles round trip with 1600 feet of gain. Contact Tracey Thomerson at tthomerson@roadrunner.com for trip details. Bring liquids, lug soles, lunch, layers, hat and \$10 for park fee. *Hike leaders: TRACEY THOMERSON, MAT KELLIHER*

Apr 21 Sat LTC, WTC, SPS, DPS, LPC, Hundred Peaks
I: Navigation - Mission Creek Navigation Noodle: Navigation noodle at Mission Creek Preserve to satisfy the basic (I/M) level navigation requirements. Saturday for practice, skills refresher, altimeter, homework, campfire. Sunday checkout. Send email/sase, contact info, navigation experience/training, any WTC, leader rating, rideshare to *Leader: ROBERT MYERS, Assistant ANN SHIELDS*

Apr 21 Sat Hundred Peaks
2018 HPS Spring Fling: The always awesome HPS Spring Fling Potluck Happy Hour and Campout will be held at Hurkey Creek Campground in Mountain Center near Idyllwild, CA this year. Contact *MIKE DILLENBACK* at dillyhouse@earthlink.net and/or *AIMEE SHOCKET* at aimeehps17@gmail.com for more details and to sign up for this trip.

Apr 21 Sat Hundred Peaks
I: Granite Mountain #2 (5633 ft) - HPS SPRING FLING! HIKE WITH US SATURDAY AND SUNDAY! A strenuous hike on rough trail for around 8 miles round trip with about 3000 feet of elevation gain. The peak is in the Anza-Borrego Desert State Park near Julian, CA. We will hike at a slow-to-moderate pace cross-country on desert terrain. High-clearance 4WD advised. Bring hiking footwear, water, lunch, snacks, layers, sunblock and hat. Contact Leader for status and details. *Leader: BILL SIMPSON Co-Leaders: VIRGINIA SIMPSON, LARRY POND, JEFF BUCHHOLZ*

Apr 21 Sat Hundred Peaks
I: Beauty Peak (5548) and Iron Spring Mountain (5755) - A moderately strenuous hike on occasionally steep and loose trail for 8.5 miles with 2700 feet of gain to peaks near Aguanga. The community of Aguanga lies at the intersection of State Route 79 (SR 79) and State Route 371 (Cahuilla Road). This is along the historic Butterfield Overland Mail stage route. A Butterfield stagecoach is prominently featured in Quentin Tarantino's motion picture, *The Hateful Eight*. Bring water, lug soles, sunscreen, lunch, layers and hat. To obtain the meeting information, contact *Leader: STEPHEN MCDONNELL Co-Leader: JERRY GREARD*

Apr 21 Sat Hundred Peaks
I: Palm View Peak (7160+ ft), Cone Peak (6800 ft) - Join us for the first day of the Spring Fling on a loop hike via the lovely Cedar Springs & Pacific Crest Trails. We will enjoy views of Palm Canyon and Palm Springs as we gain the crest of the Desert Divide and our first summit. Leaving the crest, we will follow a ridgeline to a wonderful cone-shaped accent of boulders and its accompanying views -- Lake Hemet, Garner Valley and Thomas Mountain, among them. The hike will be about 8 miles rt with roughly 2000 feet of gain. Please bring liquids, lug soles, layers, lunch and hat. Contact peterdoggett@aol.com for trip details. *Leaders PETER & IGNACIA DOGGETT; JIN OAK CHUNG*

Apr 21 Sat Hundred Peaks
O: Rouse Hill (5,168) - 2018 HPS Spring Fling Hike. Come join us for a peakbagging adventure! We will start our hike south of Hwy 74 and bag Rouse Hill via trail and jeep roads. We will be following HPS Route 2. Total stats for the trip

are 10 RT miles and 2,000 feet gain. Moderate pace timed to return to the Hurkey Creek Campground in time for our always awesome HPS Spring Fling Potluck Happy Hour and Campout. Please bring liquids, lugsoles, layers, lunch and hat. Contact Leader *MIKE DILLENBACK* at dillyhouse@earthlink.net for details. Co-leader *AIMEE SHOCKET*

Apr 22 Sun LTC, WTC, SPS, DPS, LPC, Hundred Peaks

I: Navigation - Mission Creek Navigation Noodle:

I: Navigation: Mission Creek Navigation Noodle: Navigation noodle at Mission Creek Preserve to satisfy the basic (I/M) level navigation requirements. Saturday for practice, skills refresher, altimeter, homework, campfire. Sunday checkout. Send email/sase, contact info, navigation experience/training, any WTC, leader rating, rideshare to *Leader: Robert Myers. Assistant: Ann Shields*

Apr 22 Sun Hundred Peaks

I: Whale Peak (5349 ft) - HPS SPRING FLING! HIKE WITH US SATURDAY AND SUNDAY! Join us for a visit to magnificent Whale Peak in Anza-Borrego Desert State Park. Hiking mostly cross-country, we will first look for ancient petroglyphs not far from the trailhead before hiking across the desert floor to ascend a scenic canyon. We pass through a grassy meadow and then pick our way up to the rocky peak on use trail. This will be a slow-to-moderate-paced hike with some Class 2 scrambling on the way to the peak. Total distance should be around 8 miles, and total gain should be about 2300 feet. Bring lunch, snacks, water, hiking footwear, layers, hat and sunblock. Contact Leader for status and details. *Leader: BILL SIMPSON Co-Leaders: VIRGINIA SIMPSON, MIKE DILLENBACK, LARRY POND, JEFF BUCHHOLZ, JEFF HENSON*

Apr 22 Sun Hundred Peaks

I: Eagle Crag (5077 ft) - Join us for the second day of the HPS Spring Fling. Travel trail and cross-country through beautiful and varied terrain -- wild woodland, meadows, streams, ravines and forest -- to this promontory in a remote and isolated corner of the Agua Tibia Wilderness. Totals for the day will be 18 miles rt and 4200 feet gain (2700 out plus 1500 on return). High clearance vehicles advised, 4x4 preferred. Please bring liquids, lugsoles, layers, lunch and hat. Contact peterdoggett@aol.com for trip details. *Leaders PETER & IGNACIA DOGGETT; JIN OAK CHUNG*

Apr 22 Sun Hundred Peaks

I: Middle Peak (5883 ft); Cuyamaca Peak (6512 ft) - HPS SPRING FLING! HIKE WITH US SATURDAY AND SUNDAY! Join us when we visit two fun peaks south of Julian. Middle Peak is 5 miles round trip with 1200 feet of gain on road and cross-country (Class 1, easy). Cuyamaca Peak is 6 miles round trip with 1600 feet of gain on road (Class 1, moderate). We will drive between the trailheads. Hike one or both peaks. Total distance should be 11 miles with a total gain of 2800 feet. Click on the "More Info" button below for details on the Spring Fling. Bring food, water, lug soles, layers, hat and sunblock. Contact Leader for status and details. *Leader: JERRY GRECARD, Co-Leader: STEPHEN MCDONNELL*

Apr 27 Fri Hundred Peaks

I: Scodie Mountain (7294 ft) - Join us on this Arbor Day for a hike in Kern County, near the beautiful Lake Isabella area. Starting at Walker Pass Campground, we will walk a short section of the Pacific Crest Trail. Leaving the trail, we will climb an ample but shady gully; then wind through a pretty pion pine forest to the awe inspiring summit views. Totals for the day are 7 miles rt and 2300 feet of gain. Please bring liquids, lugsoles, layers, lunch and hat. Contact peterdoggett@aol.com for trip information. *Leaders PETER & IGNACIA DOGGETT*

May 5 Sat Hundred Peaks

I: C2C - Cactus to Clouds - San Jacinto Peak (10,804 ft) -- Join us Saturday for one of the biggest, toughest, and most beautiful day hikes in SoCal. We will start before dawn, on the desert floor at Palm Springs. As we climb, the sun will rise to reveal an incredible desert panorama, taking us into the cool alpine wilderness of Long Valley and up to the breathtaking summit of San Jacinto itself. Afterwards, we will ride the Palm Springs Aerial Tramway from Long Valley back down to Palm Springs. This is an extremely strenuous day hike (total distance 22 miles with ~11,000 feet of vertical gain) for fit and experienced participants, only. For trip details, email a current hiking resume to ryan.b.lynch@gmail.com. *Leaders: RYAN B. LYNCH, BILL SIMPSON*

May 8 Tue Hundred Peaks

HPS Management Committee Meeting telephone conference starting at 6:30 pm. Contact HPS Chair, *COBY KING*, for call in details.

May 12 – 13 Sat – Sun WTC, Hundred Peaks

I: Marion (10,382 ft), Jean (10,670 ft), Drury (10,180 ft) & Mt Ellens (10174) - Experience trip for WTC students. Saturday afternoon backpack from top of Palm Springs Tram to camp at Round Valley (2 miles and 800 ft gain). Set up camp and day hike Drury Peak, Mt. St.Ellens Peak, Marion Mountain and Jean Peak (approx 8 mi, 2,000 ft gain, significant cross-country). Headlamps required. Sun return to cars via tram. WTC or equivalent required. If accepted on trip will be required to send \$29.95 (for tram ticket and permit). Send e-mail with recent experience and conditioning, H&W phones to *Ldr: CRYSTAL DAVIS. Co-Ldr: STEPHANIE SMITH.*

May 19 Sat LTC, WTC, SPS, DPS, LPC, Hundred Peaks

I: Navigation - Beginning Navigation Clinic: Spend the day one-on-one with an instructor, learning/practicing map and compass in our local mountains. Beginners to rusty old-timers welcome and practice is available at all skill levels. Not a checkout, but it will help you prepare. Many expert leaders will attend; many I-rated leaders started here in the past. 4 mi, 500' gain. Send sase, phones, rideshare info, \$25 deposit, refunded at trailhead (Sierra Club) to *Leader: DIANE DUNBAR, Co-Ldr: RICHARD BOARDMAN*

Jun 16 Sat LTC, WTC, SPS, DPS, LPC, Hundred Peaks
I: Navigation - Mt. Pinos Navigation Noodle: Navigation Noodle in Los Padres National Forest for either checkout or practice to satisfy Basic (I/M) or Advanced (E) level navigation requirements. Saturday is a practice day; Sunday is for checkoff or additional practice. Send email with contact info, navigation experience/training, any WTC, leader rating, rideshare, to *Leader: Robert Myers. Assistant: Ann Shields*

Jun 17 Sun LTC, WTC, SPS, DPS, LPC, Hundred Peaks
I: Navigation - Mt. Pinos Navigation Noodle: Navigation Noodle in Los Padres National Forest for either checkout or practice to satisfy Basic (I/M) or Advanced (E) level navigation requirements. Saturday is a practice day; Sunday is for checkoff or additional practice. Send email with contact info, navigation experience/training, any WTC, leader rating, rideshare, to *Leader: Robert Myers. Assistant: Ann Shields.*

Jun 30 Sat Hundred Peaks
2018 Waterman Rendezvous
Mark your calendar now and check back later for more info. *MIKE DILLENBACK* (dillyhouse@earthlink.net) and *AIMEE SHOCKET* (aimeehps17@gmail.com)

-oOo-

Take That First Step Toward Becoming a Leader!

Offered just twice a year, the next Sierra Club Angeles Chapter's Leadership Training Seminar is scheduled for Saturday, April 14, 2018. Come and learn all about the best leadership practices of our outings program conducted by the Leadership Training Committee. This all-day event covers group management, our ratings system, rules of conduct, safety and much more, from presentations, breakout groups and scenarios.



The all-day class costs \$30. The application is available online:

https://angeles.sierraclub.org/ltc_leadership_seminar

Mail the application to Steve Botan, Payment by check or use PayPal, to: LTC Registrar, 18816 Thornwood Circle, Huntington Beach 92646.

Spring Leadership Seminar April 14, 2018, Eaton Canyon Nature Center

- Time: Arrive at 7:30 a.m., done by 4 pm
- Register by March 31, 2018
- Contact LTC Registrar Steve Botan: LTPSeminarRegistrar@gmail.com or call 714-321-1296
- And now - there is a Paypal option!
- Find out more including information on advanced ratings and navigation events at:
http://angeles.sierraclub.org/ltc_leadership_seminar
- Scholarships are available for those with financial need. Apply to LTC Chair Anne Marie Richardson at: [<AMLeadership@gmail.com>](mailto:AMLeadership@gmail.com)

Racing for the Peaks - The HPS Hiking Olympics

By William Chen

Many thanks to Michael McCarty, Mark S. Allen, Peter Doggett, Robert (Bobcat) Thompson, and Joe Young for their important and numerous contributions to this article through their ideas, stories, and information.

On a mid-January day, I looked for a hike in the mountains above Los Angeles. I contemplated an easy adventure to a popular peak - so I set my sights on Smith Mountain in the local San Gabriel Mountains.

The Hundred Peaks Section of the Sierra Club (HPS) maintains a list of 281 peaks in Southern California for hikers to enjoy, and Smith Mountain was a very suitable hike for me since it was on that list. Every time I hike another peak on the HPS list, I get closer to an emblem, the section's reward for climbing ever more peaks on its list. For the better part of an year and a half now, I've been obsessed with getting on top of every little topographical bump in Southern California. Sometimes I wonder if I'm going to like visiting Las Vegas or whether I'm really advancing my career, but most of the time I just think about what month the snow will melt on Mount Pinos so I can stand on top of it.

With my motivation (somewhat) clear, I signed up for a Hundred Peaks Section outing to Smith Mountain. The outing is led by a husband and wife couple from Burbank, Peter and Ignacia Doggett. Peter is a mild-mannered fellow who has finished the HPS list 14 times.

We reached the summit in fair time. Our group started along a paved road, descended to a saddle, before finally going up a steep trail to the top of Smith Mountain. On the way down, I asked Peter about something I had heard of occasionally from my time hiking in Southern California - an event that fascinated me very much.

Peter described the scenes to me. The last HPS Olympics outing began on a cool morning in June 1991, when a band of hardy hikers set out to do the impossible. Meeting in La Canada, they drove over to the San Bernardino Mountains to start their quest. Starting at 10:40am, the clock started ticking down. Mill Peak, Keller Peak, Delamar Mountain, Mount Lewis, Round Top, one-by-one these mighty peaks fell. The group emerged victorious on top of Mount -



Les Stockton



How Bailey

Lowe at 10:35am the next day, having bagged 33 peaks in 24 hours, a new record for the HPS Hiking Olympics, never to be beaten again. As the group came down to Eaton Saddle, they were greeted by friends bring treats - and R. Sam Fink, one of the progenitors of the Pacific Crest Trail and a famed founding father of the Hundred Peaks Section.

My interest piqued, I got in contact with Joe Young and Robert “Bobcat” Thompson, who led many of these hikes. Bobcat and Joe provided me histories of the Olympics that they’ve led.

The Hiking Olympics has a heritage of nearly 47 years. Les Stockton (“the Red Baron”) came up with the idea of bagging within 24 hours as many peaks as humanly possible. He and Howland Bailey led an outing to accomplish this superhuman task in May 1971. Among the participants on this epoch hike was Joe Young, still the current HPS historian in 2018. The group bagged 20 peaks, all in the San Gabriel Mountains. The idea lingered on, and attracted the attention of leader Lew Amack, who led a precursor to the HPS Olympics in 1984. While the real Olympics were being held 5,000 feet below, Amack and his fellow hikers Don Tidwell and Lisa Freundlich summited 29 peaks.

Joe Young scheduled the first official edition of the HPS Olympics, and held it on June 21-22, 1986. The day began with a massive group of 25 starting out on top of Keller Peak. The outing ended up being quite the adventure, as the group’s rental van got stuck on top of Little Bear Peak and much of the group ended up having to search for a lost hiker on Delamar Mountain. Several hikers turned out to be unprepared and some even failed to bring water; nonetheless, participants were able to get on top of 20 peaks.

The next year, the Olympics were held again. In June 1987, five hikers, including Joe and Bobcat, bagged 30 peaks, breaking the existing record. The group started on Slide Peak at 10:45am before ending on Deception Peak at 10:23am the next day. To mitigate the problems that were encountered during the previous outing, Joe brought a truck on this hike and limited the excursion to only the most capable hikers. By beating the previous record and outdoing the first Olympics by 10 peaks, this outing was a roaring success.

The event had two more editions and the June 17-18, 1989 event, again led by Joe and Bobcat, resulted in 32 peaks bagged, with the group finishing on Deception Peak. Through some planning, they swapped one of the more difficult peaks with three simpler ones, allowing the group to gain an extra two summits.

Finally in June 1991, the final Olympics were held with 8 participants, setting the current record of 33 peaks in 24 hours.

Typically, the events would begin with breakfast in La Canada, and the group would carpool over to the San Bernardino Mountains, starting at a peak above Big Bear Lake. At the top of the summit, the main leader would record the time, starting a 24-hour countdown. The group would then proceed westward towards and into the San Gabriel Mountains. The peaks bagged would be drive-ups or peaks with less than 4 miles round trip to hike. Typically, dinner would be had at a gas station or other convenient spot in the Hesperia area; this was a longer break, intended for planning, recuperation, and reflection. Finally, with razor-sharp focus, the group would grab as many peaks in the San Gabriels as possible - with a watchful (but tired) eye towards beating the previous record.

The endless driving wore on many participants. But a diverse number of memorable acquaintances were made on these trips as well. Peter Doggett still remembers nearly all the participants on his 1991 hike; among others, there was an easy-going leader, a Scotsman, and an audio engineer for Huell Howser's *California's Gold* program. Certainly at the end of each hike, one must have felt a high degree of solidarity with one's fellow hiking companions. For 24 hours, they together had heeded the call of the mountains and gave nature its ultimate tribute.

As a necessary part of the event's objective, the HPS Olympians sought peaks that were simple and took little time to hike. Though they may not have been the tallest mountains, it is those peaks and their little hilly compatriots that are the mountains most common on our dear planet. The HPS Olympics paid homage to them by giving them a tribute they so desperately deserve, but so infrequently get.

I don't really know what is it about peakbagging that brings me back out to the wilderness to just to tag a couple of little bumps. Perhaps it is just an obsession - a tic that brings me a bit of emotional peace, a way to stay centered in life. Or maybe I'm a goal oriented person - the HPS list is motivation to get myself outside and into nature, so I can see as many beautiful places as I have time for. As John Muir's famous quote goes: "the mountains are calling and I must go." Some of us feel the echoing call of the mountains so strongly that there is a feeling of absolute and overwhelming compulsion to *all* of them within our finite lifetimes, as futile a goal that may be. In the end, it is not so difficult for me to understand, I think, why someone would want to bag 281 peaks within a few years - or 33 peaks in one day.

Milestones



Mikki Bondy Segal



1-6-18 Scodie Mountain. Larry Ponds I Provisional Hike.

Bill Simpson Evaluator, Virginia Simpson, Michael Dillenback Co-Leaders. Cate Widwman, Diana Estrada, Jorge Estrada, Fiona McGinty Gemman Hong, George White, Herman Hagen, Ella Pennington, Jeff Buchholz, Jeff gomillion, Jerry Grenard, Josie Matute, Kendrea Heinichke, Kimi Chung, Mary Varalyay, May Tang, Mikki Siegel, Pyoungd Wha Lee, Rory Abbott, Rudy Fleck, Ryan L. Lynch, Tanya Roton, William Chen.



Jeff Buchholz



Mikki Bondy Siegel



Jeff Buchholz

Rattlesnake Peak 2-24-18. Participants: Kinga Modos, Swee Chin, Stephen McDonnell, Jeff Buchholtz, Ryan T. Lynch. Fiona McGinty. Leader Bill Simpson.



Jin Oak Chung

Granite Peak #2

Maryvaralyay, Robert Luher, Nancy Jones, Kim La, William Chen, Kendra Heindrek, Susan Kang, Paul Suh, Young Lee Leaders Peter and Ignacia Doggett, Jin Oak Chung

Milestones



Photo: Kim La



Jin Oak Chung



Jin Oak Chung

January 7, 2018. Allen Peak, 5,795'.
 Catherine Rossbach Completes The List! Participants: Jorge and Diana Estrada, Mike Stubblefield, Mary Varalyay, William Chen, Si Keum Choi, Young Lee, Youngok Lee, Nancy Jones, Naresh Satyan, Wasim Khan, Stephen Bryne, Eric Chu, Jerry Grenard, Kim La, Robert Luher. Leaders: Peter and Ignacia Doggett, Jin Oak Chung, Photo: Jin Oak Chung



Kendra Heinecke gained her 100th HPS peak on Sheep Mtn, on 2-18-18. Pictured L-R, Ignacia Doggett, Yasuhide Iemori, Kendra, Robert Luher, Naresh Satyan, Andrew Manalo, Mary Varalyay, Jackson Hsu, Jin Oak Chung (photo by Susan Kang)



Mat Kelliher and Lilly Fukui have 173 Leads each!



Mount Gleason, 2-11-18



Diana Estrada



1-31-18 Red Mountain



Needle Peak, Jan 7, 2018, 5,803' in Death Valley. Hikers on this DPS trip: (LtoR) Sunny Yi, Jason Park, Tay Lee, Susan Kang, Ainesh Sewak, Meghan Cason, Sandy Lara, Tom Cirillo, Miriam Khamis, Neal Robbins, Lisa Miyake, Peter Lara. Not shown Tracey Thomerson and Peter Kudlinski. Photo by Mat Kelliher.



Needle Peak Summit
Rear row (standing) from left: Peter Kudlinski, Tom Cirillo, Jason Park. Middle row (standing) from left: Neal Robbins, Lisa Miyake, Tracey Thomerson, Tay Lee, Sunny Yi, Peter Lara, Sandy Lara. Front row (seated) from left: Miriam Khamis, Ainesh Sewak, Meghan Cason, Susan Kang, Mat Kelliher



Fox Mountain



Condor Peak

Condor - Fox summit group photos 2-17-18
Participants and Leaders: Amy Huang, Bob Stuard, Crystal Davis, Jeff Buchholz, Josie Matute, Larry Pond, Lisa Lee, Mario Mari-Chous, Matt Ackerman, Michael Dillenback, Reddy Yeuter, Shana Rapoport, Swee Chin, Tom Connery, Virginia Simpson, William Simpson,

Summits

Photo by Eric Chu

Right: Skinner Peak. Participants include: Jim Hagar, Wasim Khan, Bob Stuard, Al Shipley, Ella Pennington, Kendra Heinicke, Leader Bill Simpson, Co-Leaders Larry Pond, James Hagar.



Above, **Five Fingers**. Participants include: Jim Hagar, Wasim Khan, Bob Stuard, Al Shipley, Ella Pennington, Kendra Heinicke, Leader Bill Simpson, Co-Leaders Larry Pond, James Hagar.



January 21, 2018. Leaders Bill Simpson and Larry Pond. Participants Kimi Chung, Tom Roadl, and Leslie



(Above) **Meeks and Bighorn Mtns.. 2-3-18.**
Participants: Al Shipley, Jeff Buchholz. **Leaders:** Bill Simpson, Larry Pond, Stephen McDonnell



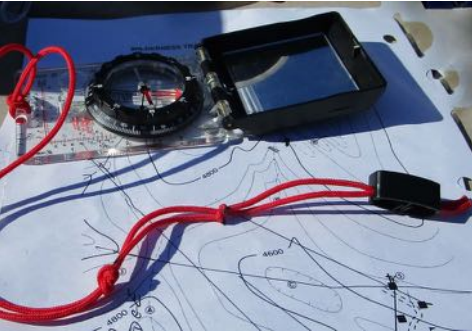
Larry Pond, Rosa Pt.



Seeking shade on Granite #2

Wilderness Travel Course, Joshua Tree National Monument

2-26-18



Be Confident in Your Conditioning

By Tina Bowman

Lookout Editor Mark S. Allen went undercover at the Long Beach-South Bay Wilderness Travel Course and heard the lecture on conditioning I give at the first session of the class. He suggested I share a couple of points from my talk in the Lookout Newsletter.

First, a reminder. Whatever exercise you do, recovery is just as important as the exercise itself. If you push yourself hard in order to improve your fitness, that's great, but gives yourself a day to recover. I'm a runner, and the older I get, the more important recovery is. Whereas I used to do an easy run on my recovery days, I now run hard three days a week and walk on the other days. I do this for three weeks and then have an easy week with far less intense workouts. This system helps me avoid mental burnout, plateauing in my training, injury, and illness. Remember, hard exercise breaks down the muscles; the recovery allows them to grow back stronger.

Whatever you do to stay in shape—running, cycling, swimming, gym classes, boot camps, walking, hiking—you want to have confidence that you are fit enough for a long day of hiking and climbing peaks. You want endurance and aerobic capacity because hiking can be an all-day activity, strength for those big steps and cross-country climbs and for managing a pack on uneven terrain, flexibility again for big steps and going over and under logs, and balance for boulder fields and stream crossings. Being in good shape helps you grind out those long uphill climbs, and knowing you're ready to tackle those slopes gives the mental determination to keep on going without stopping. Knowing how fit you also lets you know what you can and cannot do well and safely.

More Summits.....



Quail and Manerva Hoyt, JTREE, 3-4-18. Larry Pond's Provisional Backpack.

Participants: Andrew Burlson, Conny Burlson, Jerry Grenard, Josie Matute, Shelly Britton, Theresia Haley, Annie K. Hoang, Leaders Larry Pond, Virginia Simpson, Bill Simpson.



William Chen, Villager - Rabbit Hike, 2-27-18



2-27-18 Hiking The Little Four

HPS

HUNDRED PEAKS SECTION

ANNUAL SPRING FLING

APRIL 21ST & 22ND 2018

HURKEY CREEK CAMPGROUND

- MOUNTAIN CENTER -

HPS Members camp free! \$5 for non-members.
Reservations: Mike Dillenback at Dillyhouse@earthlink.net



SIERRA
CLUB

ANGELES CHAPTER

Hiking Photography

By Jin Oak Chung



Fouquieria splendens



Mt. Gleason Fire Fighters Memorial



Hikers mid-ridge to Rosa Point



Shelly, Martinez Mtn. Hike

2018 Hundred Peaks Membership List

Allen, Mark; List 1
Allen, Mark;
Amadeo, Alessandra (S);
Armbruster, Lynda; 200 Pks
Armbruster, Tom; List 1
Arredondo, Frank;
Arredondo, Patricia; List 4, Lead List 1, 100
Pathfinders
Atkin, Frank L.; 200 Pks
Avilasakul, Maryann; 100 Pks
Baldwin, David; List 1
Baldwin, Elaine; List 1
Bannister, Wayne; List 5, Lead List 1, 200
Pathfinders, 100 Explorers, 1000 Pks
Barham, Justin;
Bartell, Ron; List 2
Bernier, Wendy (S);
Beymer, David; List 1, 100 Leads
Birdsill, Megan;
Bonfire, Mars; List 25, Lead List 5
Borun, Raymond; List 1
Borun, Ruth; 100 Pks
Bottorff, Brian;
Bowen, Gary; List 1
Bowman, Tina; List 2
Bruno, Justin;
Byrne, Stephen;
Buchholz, Jeff;
Burnside, Sandy; List 3, 100 Leads, 200
Pathfinders, 25 Snowshoes
Butler, Colonel; 100 Pks
Butler, Winnette; List 3, 100 Leads, 200
Pathfinders, 100 Explorers, 1000 Pks, 25
Snowshoes
Byrne, Bill; 100 Pks
Cadez, Ana;
Campbell, Larry; List 2, 100 Pathfinders
Campbell, Ron; 100 Pks
Campbell, Rosemary; List 1, 100 Pathfinders,
1000 Pks, 25 Snowshoes
Carey, Richard; 200 Pks
Caveness, Russell; 100 Pks
Cheever-Bonfire, Kathy; List 4, 25 Snowshoes
Chen, William; 100 Pks
Chester, Tom;
Cheung, Stella; List 1
Chou, James;
Christensen, Keith; List 1
Christiansen, George; List 2, 100 Leads, 100
Pathfinders
Chu, Eric; 100 Pks
Chu, Tina; 100 Pks
Chung, Jinoak; List 1, 100 Leads, 100
Pathfinders
Comerzan, David; List 5, Lead List 2, 200
Pathfinders, 100 Explorers, 1000 Pks
Conant, Bryan;
Connelly, John; List 1
Connery, Tom; List 1, 200 Pathfinders, 100
Explorers, 25 Snowshoes
Coons, David; 100 Pks
Corbett, Charles;
Craig, Bruce; List 4, Lead List 1, 200
Pathfinders, 100 Explorers, 1000 Pks
Crocker, Ellen;
Croley Jr., Donald; List 1
Danziger, Dorothy; List 6, 200 Pathfinders,
2000 Pks
Davis, Crystal;
de Hoogh, Greg; 100 Pks
Dewey, Brock; 100 Pks
Dillenback, Michael; 200 Pks
Dorwin, Ellen L. (S);
Dungfelder, Mary Jo; 200 Pks
Duval, Doris; List 1
Edmonds, Larry; 100 Pks
Eisenberg, David; List 4, Lead List 2, 100
Pathfinders, 1000 Pks
Ellsworth, Susan; 100 Pks
Emerick, Robert; List 2
Endres, Dave;
Epstein, Elizabeth;
Erspamer, Edna; List 2
Estrada, Jorge; List 1, 100 Pathfinders
Faulkner, William; 200 Pks
Fearn, Haven; 100 Pks
Feller, Ignacio (S);
Fielding, Bob; 100 Pks
Fleming, Jim; List 1, 200 Leads, 25 Snowshoes
Fleming, Maui; 100 Pks
Forbes, George (S);
Fujimoto, Jim; List 1
Gerlach, Greg; List 1
Gill, Cheryl; List 1, 100 Leads
Gillan, Gary;
Gillock, Richard;
Gilmore, Ryan; 100 Pks

Gimenez, Kim;
 Giurgiulescu, Mihai;
 Glick, Jesse Fallon; 100 Pks
 Goh, Swee Chin;
 Gomillion, Jeff;
 Granlund, Eric;
 Gregg, Robert; 100 Pks
 Grenard, Jerry; 100 Pks
 Griego, Joanne; List 1
 Gullapalli, Sridhar;
 Gustafson, John;
 Gutierrez, Damian (S);
 Hagar, Jim;
 Haley, Theresa;
 Hanna, Gail; List 1
 Hanson, Fred;
 Hauser, Bill; 100 Pks
 Heapy, Kevin (S);
 Heinicke, Kendra;
 Henney, Victor; List 2
 Henson, Jeffrey;
 Heringer, Ginny; List 1, 25 Snowshoes
 Hermann, Suzy; List 2, 100 Pathfinders
 Hill, Lynda; 100 Pks
 Hill, Tom; List 5, Lead List 2, 200 Pathfinders,
 100 Explorers
 Hsu, Jackson; 200 Pks
 Huang, Amy;
 Hunter-Inman, Carol; 200 Pks
 Hunter-Inman, David;
 Iemori, Yasuhide; List 2, 100 Pathfinders
 Jarmulowicz, Merrick;
 Jones, Nancy; List 1
 Joseph, Laura; List 1, 100 Pathfinders
 Kang, Susan; List 1
 Kanne, Bob; 100 Pks
 Karagosian, Barbara (S);
 Keating, Jerry; List 1
 Keating, Nancy; 200 Pks
 Kehl Jr., Frank; 100 Pks
 Keliher, Maya; 100 Pks
 Kelliher, Mathew; List 1, 100 Leads
 Khamis, Miriam; List 1
 Khan, Wasim; List 1
 Kieffer, Jack;
 Kim, Sunny; List 1
 King, Coby; 200 Pks
 King, Nevada;
 King, Sierra;
 Kirk, Sharon;
 Kline, Patty; List 1, 200 Leads
 Kraai, Matt; 200 Pks
 Kramer, Ann (S); 100 Pks
 Kudlinski, Peter; 100 Pks
 Langsdorf, Rob; 200 Pks, 100 Leads
 Lara, Peter; 100 Pks
 Lara, Sandy; List 1, 100 Leads, 100
 Pathfinders, 25 Snowshoes
 Laxamana, Kelley; 200 Pks
 Ledesma, Kate;
 Lee, Lawrence; List 1, 100 Pathfinders
 Lee, Lisa;
 Lee, Randy (S);
 Lee, Tay; List 1
 Lee, YoungOk; 100 Pks
 Leverich, Karen; List 3, Lead List 1, 100
 Pathfinders, 1000 Pks
 Leverich, Wolf; List 1, 200 Leads
 Levine, David (S);
 Lewis, Roxana; 200 Pks
 Lilley, Barbara; List 1
 Liu, Edith; List 2, 100 Pathfinders, 1000 Pks,
 25 Snowshoes
 Lopez, Victor (S);
 Lower, Mary Anne; 100 Pks
 Lubeshkoff, Ted; List 1, Lead List 1
 Lubin, Ed; List 1
 Luher, Robert;
 Lum, Donald; 100 Pks
 Lynch, Ryan;
 Lyons, Mark; List 1
 Manning, Mike; 200 Pks
 Mason, Brian; List 2
 Mattson, Larry;
 Maurin, Paul F.;
 May, Robert;
 McBrearty, Sr., Jerry (S);
 McCarty, Michael; 100 Pks
 McCarty, Quinn;
 McDonnell, Stephen;
 McDonnell, Tom;
 McEwan, Bob; List 1
 McGinty, Fiona;
 McLean, Garrett;
 Miladin, Gloria; List 1
 Mitchell, Christine; List 1
 Moore, Sharon;
 Myers, Robert; 100 Pks
 Nafel, Gloria; 100 Pks
 Neely, Tom; 200 Pks
 Neff-Estrada, Diana; List 1, 100 Pathfinders
 Newman, Laura; 200 Pks
 Nishida, Roy; 100 Pks
 Norman, Wayne; 200 Pks

Ossa, Bill; 100 Pks
 Park, Jason; List 1
 Parsons, Martin; 200 Pks
 Pennington, Ella;
 Perry, Jan Marie;
 Philip, Steve; 100 Pks
 Pond, Larry; 100 Pks
 Popescu, Virgil; List 2, Lead List 1, 200
 Pathfinders
 Prinzmetal, Byron; List 3, Lead List 1, 100
 Pathfinders, 1000 Pks, 25 Snowshoes
 Prinzmetal, Sally;
 Quan, Jimmy; List 1, Lead List 1
 Raffensperger, Maura; List 1, 100 Leads
 Reber, Barbara; List 1
 Reid, Pamela;
 Reid, Richard; 100 Pks
 Rice, Gary; 100 Pks
 Rich, Kathy; 100 Pks
 Richter, Dan; List 1
 Riley, Christine;
 Ripley, John; 200 Pks
 Ritter, Lois; 200 Pks
 Rohrer, Marco; 200 Pks
 Rosario, Leo; 200 Pks
 Rosien, Ron;
 Rossbach, Catherine; List 1
 Roton, Tanya; List 1
 Salabert, Shawnte;
 Sampson, Bill;
 Satyan, Naresh;
 Schenk, Gary; 200 Pks
 Scheuer, Ernest;
 Shaw, Terry;
 Shay, Carleton; List 10, Lead List 1, 100
 Pathfinders
 Shipley, Allan;
 Shocket, Aimee;
 Sieke, Eric; List 1
 Simpson, Jane;
 Simpson, Virginia; List 1
 Simpson, William; List 8, Lead List 4, 200
 Pathfinders, 200 Explorers, 3000 Pks
 Sitter, Daniel;
 Skaglund, Jon;
 Slack, Sheldon;
 Slagle, John; List 1
 Smith, Steve; List 1
 Smoot, Kirt; 100 Pks
 Spisak, Chris; List 1, 100 Leads
 Starksen, Paxton; 100 Pks
 Stewart, Dean; 100 Pks
 Stockton, Laura; 100 Pks
 Stuckwisch, Wade;
 Tang, May; List 1
 Tevelein, John; 200 Pks
 Thomerson, Tracey; 100 Pks
 Thomlinson, John;
 Thompson, Bobcat; List 1, 100 Leads, 100
 Pathfinders, 100 Explorers, 2000 Pks, 25
 Snowshoes
 Treidler, Brookes; 100 Pks, 1000 Pks, 25
 Snowshoes
 Tucker, George; List 1
 Van Fleet, Dirk;
 Vandervoet, David; 100 Pks
 Varalyay, Mary; List 1
 Vaughn, Patrick; List 3, Lead List 1, 200
 Pathfinders, 100 Explorers, 1000 Pks
 Vogt, Bruce;
 Vollaire, Wayne; 25 Snowshoes
 Wankum, Joe; 100 Pks
 Webb, Laura; List 1
 Weingaertner, Roger; 100 Pks
 Wells, Pat; 100 Pks
 Wetzork, John (S);
 White Jr., George; 200 Pks
 Wick, Jim;
 Widmann, Cathryn;
 Woodruff, Jayson;
 Wu, Chris; List 1
 Wyka, Bob; List 1
 Wyman-Henney, Sue; List 1
 Wysup, Angie; 200 Pks
 Yetur, Sreedhar;
 Young, Joseph; List 1, Lead List 1, 100
 Pathfinders
 Zahorik, Cyndee;
 Zappen, Peggy;
 Zappen, Ronald; List 6, 200 Pathfinders, 100
 Explorers, 2000 Pks, 25 Snowshoes
 Zdravkova, Snezana; 100 Pks
 Zimmerman, Hannah; 100 Pks
 Zimmerman, Karla;
 Zimmerman, Steve; 100 Pks



TRIBUTE TO MARTIN PARSONS

By Lilly Y. Fukui

Martin bravely fought esophageal cancer to the end. I would like to share some of those courageous words of Martin in 2017:

THE BAD

"Based on my medical history going back nearly two decades, I've survived two 48 week HEP-C chemo treatments. The second one CURED the HPC!" A year later I was diagnosed with liver cancer.

with liver cancer. As horrible as that sounds, it was one of the easiest yet, no pre or post meds, chemo, or radiation! Just cut and run!

A little over a year later I was diagnosed with esophageal cancer. This was much more serious, requiring an aggressive five to six weeks of simultaneous daily radiation (five days a week for a total of 23 days), and weekly chemo, followed by five weeks of rest recuperation and a 13 hour surgery at UCLA. Recovery was equally challenging.

At this point all my doctors were referring me as "SUPERMAN." This latest diagnosis is a different story. Superman may be overcome with kryptonite! The esophageal cancer metastasized to my peritoneum. It is a rare form of cancer named peritoneal carcinomatosis, essentially terminal, though it can be reduced and managed with ongoing chemo treatments, providing "some quality of life," and one may hang on for a year or two.

My digestive process has smoothed out. Nurses visited daily but I have been eating more or less normally again but go in for a 48 hour chemo session every other week. This certainly is a challenge, especially to keep positive and keep fighting. There is a dilemma that I refuse to try to process. If this is truly terminal, I would expect to be gradually going downhill. Yet my numbers don't look bad. I've been able to do a couple of hikes approaching what I was doing in terms of mileage, a little less on gain and I am certainly going much slower. The main point is I AM MOVING and feeling incrementally stronger!

THE GOOD

In 2014, the year of my liver surgery, was my most active ever! I did 64 Mt. Baldys to catch up with Edith. We hiked Mt. Baldy over 300 times. We even did a week long SC Mule Pack trip and spent six weeks climbing in the alps of Bavaria, Austria, and Italy! During 2015 I was out half the year with my esophageal issue but I still managed to do 30 Baldys in the first half of the year! My hiking stats for 2016: I did seven plus miles and nearly 3,000' elevation gain every other day, in the Alps for the entire year. This included another hiking/climbing trip to the Alps.

While the first half of this year (2017) was largely a wash, with the feeding tubes and extremely low energy, I was limited to short easy walks around our Silver Lake Reservoir, and an occasionally easy hike in Griffith Park. I have kicked things up a notch and walking/hiking more and feeling better. Other than that I've spent a lot of time catching up on my reading goals.

"Try to squeeze in as much living as I can out of each day as I truly don't know when my number will come up. Hope all is well with you. - Martin "

"SQUEEZE IN AS MUCH LIVING AS YOU CAN OUT OF EACH DAY!"

The Hundred Peaks Section is an Activity Section of the Sierra Club - Angeles Chapter

Our newsletter, The Lookout, is published six times a year.

Final dates for receipt of material for publication are December 1 for the January-February issue, February 1, for the March-April issue, April 1 for the May-June issue, June 1 for the July-August issue, August 1 for September-October issue, and October 1 for the November-December issue.

The Lookout Newsletter is the property of the Hundred Peaks Section.

If you send photos or CD's, please include your name on the back of each. Please identify the location and each subject in all photographs, whether digital or film. When taking photos, please ask participants to remove hats and sunglasses.

Please include SASE if you want material returned. Submit material for the Lookout Newsletter to Mark S. Allen, Editor at: Lookout-editor@http://www.hundredpeaks.org or Mark S. Allen, 11321 Foster Road, Los Alamitos, CA 90720



Wolf and Karen Leverich maintain The Hundred Peaks Website. It can be accessed at:

<http://www.hundredpeaks.org>

Hundred Peaks Section: **The Lookout**
The Sierra Club Angeles Chapter
Wayne Vollaire
2035 Peaceful Hills Road
Walnut, CA 91789

TO:

